

**Vital  
Signs**

The logo for 'Vital Signs' features the word 'Vital' in a white, sans-serif font above the word 'Signs' in a larger, bold, white, sans-serif font. A blue stethoscope is integrated into the letter 'V' of 'Vital'. A blue ECG line starts under the 'S' of 'Signs' and extends to the right, ending under the 's'.

**National  
Physician Suicide  
Awareness Day  
September 17**

A large, thick, light blue ECG line graphic that spans the width of the page. It starts with a horizontal segment on the left, then drops into a deep V-shape, rises to a peak, and ends with a smaller peak on the right.

**Learn more at [NPSADay.org](https://www.NPSADay.org)**

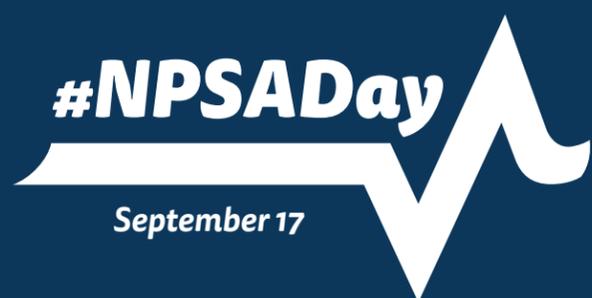


## ***Prepare before a moment of crisis***

***Completing a personal crisis management plan can help physicians navigate their mental health needs.***



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