

The logo for 'Vital Signs' features the word 'Vital' in a white, sans-serif font. The 'V' is stylized to resemble a stethoscope, with two blue circular accents at the top. Below 'Vital' is the word 'Signs' in a larger, white, sans-serif font. A blue ECG line starts under the 'S' and extends to the right, ending under the 's'.

*National  
Physician Suicide  
Awareness Day  
September 17*



## ***Prepare before a moment of crisis***

***Completing a personal crisis management plan can help physicians navigate their mental health needs.***



***Learn more at [NPSADay.org](https://www.NPSADay.org)***