

Today is National Physician Suicide Awareness Day (#NPSADay)! #NPSADay is a reminder and call to action to help everyone prevent physician suicide, including health organizations, health systems, hospitals, medical societies and practices. It's a time to talk — and to act — so physicians' struggles don't become mental health emergencies.

[ORG NAME] is committed to raising awareness of the physician suicide epidemic and galvanizing physicians, their colleagues and their loved ones to create a culture of wellbeing that prioritizes reducing burnout, safeguarding job satisfaction and viewing seeking mental health services as a sign of strength. We want you to join us! Visit [NPSADay.org](https://NPSADay.org) to learn more about ways to take action on #NPSADay, and use #NPSADay to spread the word today.

Brought to you by:



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This document is intended for awareness-building and informational purposes only. If you need further guidance or are in a crisis, call the National Suicide Hotline at 1-800-273-TALK (8255) for free 24/7 support.